









Meat Free Monday Tuesday Wednesday Thursday Friday

Week One
30/08/2021







20/09/2021
11/10/2021
8/11/2021
29/11/2021
03/01/2022
24/01/2022

Option 1	Cheese and Tomato Pizza with Potato Wedges 	Chicken Pie with Mashed Potatoes/ New Potatoes and Gravy	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Mild Mexican Beef Chilli with Rice/ Jacket  	Fishfingers with Chips and Tomato Sauce
Option 2	Lentil and Sweet Potato Curry with Rice  	Soya Spaghetti Bolognese with Garlic Bread 	Quorn Roast with Roast Potatoes and Gravy	Devils Kitchen Vegan Hot Dog with Wedges 	Cheese and Onion Quiche with Chips 
Vegetables	Peppers Baked Beans	Broccoli Carrots	Peas Cabbage	Vegetable Medley	Peas Sweetcorn
Dessert	Fresh Fruit and Yoghurt Station 	Vanilla Iced Sponge	Fresh Fruit and Yoghurt Station	Orange Drizzle Cake	Chocolate Cookie 

Or a choice of Yoghurt & Fresh Fruit available daily

Week Two
06/09/2021









27/09/2021
18/10/2021
15/11/2021
06/12/2021
10/01/2022
31/01/2022

Option 1	BBQ Quorn with Wholemeal Pasta  	Chicken Stir Fry with Noodles	Roast Chicken, Roast Potatoes and Gravy	Beef Meatballs in Tomato Sauce with Spaghetti	Fishfingers with Chips and Tomato Sauce
Option 2	Macaroni Cheese	Vegetable Lasagne with Garlic Bread	Lentil & Soya Roast, Roast Potatoes & Gravy 	Vegetable Pie, Mashed Potatoes/ New Potatoes and Gravy	Smokey Vegetable Burger with Chips 
Vegetables	Sweetcorn Peas	Broccoli Carrots	Cabbage Carrot & Swede Mash	Cauliflower Green Beans	Baked Beans Peas
Dessert	Fresh Fruit and Yoghurt Station	5 A Day Cake with Custard	Apple, Cheese and Crackers	Oaty Cookie  	Fresh Fruit and Yoghurt Station

Or a choice of Yoghurt & Fresh Fruit available daily

Week Three
13/09/2021

4/10/2021
01/11/2021
22/11/2021
13/12/2021
17/01/2022
07/02/2022

Option 1	Vegan Mexican Roll with Potato Wedges  	Beef Lasagne with Garlic Bread	Roast Turkey, Roast Potatoes and Gravy	Chicken Sausages, Mashed Potato/New Potatoes and Gravy	Fishfinger/ Salmon Fishfingers with Chips and Tomato Sauce
Option 2	Roasted Cauliflower and Chickpea Curry with Rice  	Shepherdess Pie With Gravy 	Vegetable Wellington with Roast Potatoes and Gravy 	Cheese and Broccoli Pasta Bake with Garlic Bread	Red Pepper and Cheese Frittata with Chips
Vegetables	Coleslaw Sweetcorn & Peas	Peas Carrots	Broccoli Cauliflower	Carrots Baked Beans	Peas Sweetcorn
Dessert	Fresh Fruit and Yoghurt Station 	Fruity Shortbread 	Fresh Fruit and Yoghurt Station	Chocolate Sponge with Chocolate Drizzle	Grapes, Cheese and Crackers

Or a choice of Yoghurt & Fresh Fruit available daily

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION:

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.