

# YEAR 6

## AUTUMN 2 – HEALTH AND WELL-BEING



### **Keeping safe**

To develop strategies for managing personal safety in the local environment.

To know how to manage online safety, including sharing images and mobile phone safety.

To understand different influences on behaviour, including peer pressure and media influence.

To know how to resist unhelpful pressure and ask for help.

To identify who is responsible for health and wellbeing and where to get help, advice and support.

### **Vocabulary**

personal safety, local environment, online safety, mobile phone safety, peer pressure, influence, advice, support