

# Year 1

## Autumn 2

### Health and Well-being



### Keeping safe

- To know that household products, including medicines, can be harmful if not used correctly.
- To recognise special people who look after them, their family networks, who to go to if they are worried and how to attract their attention.

### Growing and changing

- To understand how it feels when there is change or loss.

### Vocabulary

Change, loss, medicines, harmful, special