

YEAR 6

AUTUMN 2 - HEALTH AND WELL-BEING



Keeping safe

- To develop strategies for managing personal safety in the local environment.
- To know how to manage online safety, including sharing images and mobile phone safety.
- To understand different influences on behaviour, including peer pressure and media influence.
- To know how to resist unhelpful pressure and ask for help.
- To identify who is responsible for health and wellbeing and where to get help, advice and support.

Vocabulary

personal safety

online safety

peer pressure