

P.E. – Long Term Plan – 2024-2025

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	ELG- Negotiate space and obstacles safely, with consideration for themselves and others; - Demonstrate strength, balance and coordination when playing; - Move energetically, such as running, jumping, dancing, hopping, skipping and climbing. Games Best of Balls/ Tennis	ELG- Negotiate space and obstacles safely, with consideration for themselves and others; - Demonstrate strength, balance and coordination when playing; - Move energetically, such as running, jumping, dancing, hopping, skipping and climbing. Gym/Jumping Jacks/Body Awareness MSSP	ELG- Negotiate space and obstacles safely, with consideration for themselves and others; - Demonstrate strength, balance and coordination when playing; - Move energetically, such as running, jumping, dancing, hopping, skipping and climbing. Gym -in the jungle/Movement MSSP	ELG- Negotiate space and obstacles safely, with consideration for themselves and others; - Demonstrate strength, balance and coordination when playing; - Move energetically, such as running, jumping, dancing, hopping, skipping and climbing. Dance dinosaurs/object control MSSP	ELG- Negotiate space and obstacles safely, with consideration for themselves and others; - Demonstrate strength, balance and coordination when playing; - Move energetically, such as running, jumping, dancing, hopping, skipping and climbing. Games-throwing and catching/ Stability MSSP	ELG- Negotiate space and obstacles safely, with consideration for themselves and others; - Demonstrate strength, balance and coordination when playing; - Move energetically, such as running, jumping, dancing, hopping, skipping and climbing. Games-the Olympics/ Dance til you drop
Year 1	KS1 games (Football) & Gymnastics <i>Walking Football</i> Increased opportunities for girls/women to play Football	Dance & Gymnastics	Ball Skills & Dance	Ball Skills & Dance	KS1 games (football) & Athletics	Tennis & Athletics <i>Wheelchair Tennis</i> <i>Paralympic Athletics</i>
Year 2	KS1 games (Football) & Gymnastics <i>Walking Football</i> Increased opportunities for girls/women to play Football	KS1 games (Football) & Gymnastics <i>Walking Football</i> Increased opportunities for girls/women to play Football	KS1 games & Dance	Basketball & Dance <i>Basketball in USA</i> <i>Wheelchair Basketball</i>	Tennis & Fitness <i>Wheelchair Tennis</i>	Athletics & Athletics <i>Paralympic Athletics</i>
Year 3	Football & Swimming <i>Walking Football</i> Increased opportunities for girls/women to play Football	Hockey & Dance <i>Ice Hockey in Canada</i>	Tag Rugby & Netball <i>Wheelchair Tag Rugby</i> <i>Tag Rugby in Australia, New Zealand and the UK.</i>	Cricket & Basketball <i>India, Pakistan, Sri Lanka, Australia, South Africa, England etc.</i> <i>Wheelchair Basketball</i>	Tennis & Athletics <i>Wheelchair Tennis</i>	Athletics & Gymnastics <i>Paralympic Athletics/Swimming</i>
Year 4	Football & Swimming <i>Walking Football</i> <i>Paralympic Swimming</i> Increased opportunities for girls/women to play Football	Hockey & Gymnastics <i>Ice Hockey in Canada</i>	Tag rugby & Netball <i>Tag Rugby in Australia, New Zealand and the UK.</i> <i>Wheelchair Tag Rugby</i> <i>Walking Netball</i> Disability & Inclusive Tag Rugby Sale Sharks	Basketball & Dance <i>Basketball in USA</i> <i>Wheelchair Basketball</i>	Tennis & Cricket <i>Wheelchair Tennis</i>	Athletics & Rounders <i>Paralympic Athletics</i>
Year 5	Football & Gymnastics <i>Walking Football</i> Increased opportunities for girls/women to play Football	Hockey & Sports Leaders <i>Ice Hockey in Canada</i>	Tag Rugby & Tennis <i>Tag Rugby in Australia, New Zealand and the UK.</i> <i>Wheelchair Tennis/Tag Rugby</i>	Basketball & Dance <i>Basketball in USA</i> <i>Wheelchair Basketball</i>	Cricket & Netball <i>India, Pakistan, Sri Lanka, Australia, South Africa, England etc.</i> <i>Walking Netball</i>	Athletics & OAA <i>Paralympic Athletics</i>

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<p>Year 6</p>	<p>Football & Netball Walking Football/Netball Increased opportunities for girls/women to play Football</p>	<p>Hockey & Gymnastics Ice Hockey in Canada</p>	<p>Tag Rugby & Tennis Tag Rugby in Australia, New Zealand and the UK. Wheelchair Tennis/Tag Rugby</p>	<p>Basketball & Dance USA Wheelchair Basketball</p>	<p>Cricket & OAA India, Pakistan, Sri Lanka, Australia, South Africa, England etc.</p>	<p>Athletics & Athletics Paralympic Athletics</p>
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1. Diversity links to think about the different countries this sport/activity is played in.
2. Diversity links to think about the variations of this sport/activity to accommodate disabilities.
3. Diversity links to reflect gender opportunities in this sport.
4. Focus on a famous sports person.