

Thursday 21st November 2024

Dear Parent/Carer,

As part of the National Curriculum, we will be continuing to teach Relationship and Sex Education, (RSE)
The key aims of RSE are to:

- 1 Provide accurate and relevant information about the physical and emotional changes that children and young people will experience through their formative years and into adulthood.
- 2 Establish an awareness of the importance of stable family life and relationships, including the responsibilities of parenthood and marriage.
- 3 Foster self-awareness and self-esteem.
- 4 Develop a sense of responsibility and respect for themselves and others.

In Year 4, there will be two lessons about puberty. If young people can start their transition into adulthood with good information and the confidence and knowledge to understand what is happening to them, they will grow into confident and healthy adults, able to make positive choices.

**You are welcome to come and see the resources we use on Tuesday 26th November after school.
Please email the school office to confirm you would like to attend.**

Kind Regards,

Mrs P Barbour
Year 4 Class Teacher



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