

# Gold Class Newsletter

Spring 1 2025



**Happy New Year!** I hope you had a good Christmas break and a have had a happy and healthy start to 2025. Welcome to the Spring term!

Thank you very much for your kind gifts, cards and Christmas wishes at the end of the Autumn Term.

## In class

We continue to work with Mrs Green for literacy and maths groups three times each week in Gold Class. Mrs Green and Mrs Blow will also continue to lead the class every Tuesday and Wednesday afternoons to cover me when I am out of class.

Mrs Flint and Miss Reynolds will be working with us as normal throughout the week in Gold Class.

This term, we will start running **Booster Classes for reading**. These will start in week 3, from Monday 20<sup>th</sup> January 2025. Letters will be sent home within the next week if your child is invited to attend.

## At home

**Maths and Literacy** home learning will continue to be set using the **CGP and White Rose Books**. Home learning is set on a Thursday to be handed in the following Tuesday. Gold Class are really good at this which is a great learning habit to have developed!

**Reading records** are due in throughout the week with the expectation that your child has **read at least 5 times**. Please support your child in completing this reading requirement and encourage your child to read both their free reader book and their accelerated reader books. I am looking forward to handing out lots of rewards this term for progress in the accelerated reader tests!

All children at Morden are expected to complete weekly practice on their **times tables** and should be spending **30 minutes** each week on **TTRS**.

There is also a **home learning project** linked to our Science Unit on **Electricity**. Please see project overview sheet for more information.

## Congratulations

Well done to the following winners of the Autumn 2 Sustainability home learning project.

**Entertainment:** Taliah

**Presentation:** Callum

**Information:** Nomana

## Trips

We have one trip scheduled for Spring 1. Next Monday (**13.1.2025**), we will be visiting **The British Museum** to close our last history topic of the Ancient Egyptians as well as launch our new history topic of Ancient Greece.

## Zones of Regulation

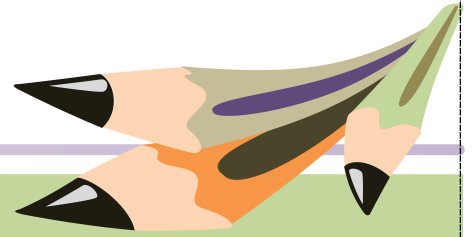
We are using the **zones of regulation** in class to recognise the different emotions we feel throughout each and every day. We are learning about regulatory actions that will help us in times of heightened emotions. Ask your child to explain what each zone looks and feels like.

The BLUE zone	The GREEN zone	The YELLOW zone	The RED zone
How might you feel?	How might you feel?	How might you feel?	How might you feel?
sad tired bored moving slowly	happy okay focussed ready to learn	nervous confused silly not ready to learn	angry frustrated scared out of control
What might help you?	What might help you?	What might help you?	What might help you?
Talk to someone Stretch Take a brain break Stand Take a walk Close my eyes	The goal of this exercise is to get to the GREEN zone. What can you do to be happy, calm and ready to learn?	Talk to someone Count to 20 Take deep breaths Squeeze something Draw a picture Take a brain break	Stop what I'm doing Make sensible choices Take deep breaths Ask for a break Find a safe space Ask for help

Thank you for your ongoing support.

**Mrs Torreiro**





[Type your signature(s) as teacher(s) or aide(s).]

