

Family Information and Support Hubs (FISH)

We can help you with any aspect of family life, including:

- ✓ Your child's development
- ✓ Behaviour and emotions
- ✓ Relationships
- ✓ Money
- ✓ Training or work
- ✓ Benefits
- ✓ Finding childcare
- ✓ And more



Our Early Help Co-ordinators will offer advice and guidance to help you to find and access the supportive information and services that you need.

- Mondays, face-to-face sessions at Church Road Children's Centre
- Tuesdays, telephone or video call sessions
- Wednesdays, face-to-face sessions at Acacia Children's Centre
- Thursdays, telephone or video call sessions

Book your free session here: <https://fishonline.eventbrite.co.uk>